

Letter Name	The Parent Sessions Uppercase Writing Directions	Letter Name	The Parent Sessions Lowercase Writing Directions
A	Start at the top line, slant line down left. Go to starting point, slant line down right. Go to midline, straight line across. Uppercase A	a	Start a little below the midline. Curve up around left, then right and up to make a circle. Continue up to the midline, straight down touching the circle. Lowercase a
M	Start at the top line, straight line down. Go to starting point, move a little to the right, straight line down. Go to left starting point, slant line down right. Go to right starting point, slant line down left. Uppercase M	m	Start at the midline, straight line down. Back up, curve right, touch midline, straight down. Back up, curve right, touch midline, straight down. Lowercase m
T	Start at the top line, straight line down. Go to top line a little left of starting point, straight line across. Uppercase T	t	Start a little above the midline, straight line down. Go a little left of the midline, short line across. Lowercase t
H	Start at the top line, straight line down. Go to starting point, move a little to the right, straight line down. Go to midline, straight line across. Uppercase H	h	Start at the top line, straight line down. Back up to midline, curve around right, straight line down. Lowercase h
S	Start a little below the top line, curve up and around left. Curve down to the right. Curve around left and up. Uppercase S	s	Start a little below the midline, curve up and around left. Curve down to the right. Curve around left and up. Lowercase s
P	Start at the top line, straight line down. Go to starting point, curve around right, curve in at the middle, touch line. Uppercase P	p	Start at the midline, straight line down through bottom line. Back up to starting point, curve around right, and up to make a circle. Lowercase p
N	Start at the top line, straight line down. Go to starting point, move a little to the right, straight line down. Go to left starting point, slant line down right. Uppercase N	n	Start at the midline, straight line down. From the bottom line, go back up and curve right, touch midline, straight line down. Lowercase n
I	Start at the top line, straight line down. Go to top line a little left of starting point, straight line across. Go to bottom line a little left of straight line, straight line across. Uppercase I	i	Start at the midline, straight line down. Put a dot above midline. Lowercase i
D	Start at the top line, straight line down. Go to starting point, curve around right, curve back left at the bottom line. Uppercase D	d	Start a little below the midline. Curve up around left and up to make a circle. Continue up to top line, straight line down, touching the circle, continuing to bottom line. Lowercase d
C	Start a little below the top line. Curve up and around left, down, curve around right and up. Uppercase C	c	Start a little below the midline. Curve up around left, down, curve up a little right. Lowercase c
R	Start at the top line, straight line down. Go to starting point. Curve around right and in at the midline. Slant line down right. Uppercase R	r	Start at the midline, straight line down. Back up, curve right up to midline, curve a little down. Lowercase r
O	Start a little below the top line. Curve up and around left, down, then right and up to make a circle. Uppercase O	o	Start a little below the midline. Curve up and around left, down, then right and up to make a circle. Lowercase o
B	Start at the top line, straight line down. Go to starting point, curve around right and in at the midline. Curve around right and in at the bottom. Uppercase B	b	Start at top line, straight line down. From the bottom line, go back up, curve right, up to midline, around right, and up to make a circle. Lowercase b
F	Start at the top line, straight line down. Go to starting point, straight line right. Go to midline, short line right. Uppercase F	f	Start a little below the top line. Curve up around left to top line, straight down. Go a little left of midline, short line across. Lowercase f
X	Start at the top line, slant line down right. Go to the top line, move a little right of starting point, slant line down left. Cross at midline. Uppercase X	x	Start at the midline, slant line down right. Go to midline, move a little right of starting point, slant line down left. Lowercase x
U	Start at the top line, straight line down, curve around right at the bottom, straight up to the top line. Uppercase U	u	Start at the midline, straight line down, curve right at bottom line, up to midline, straight line down. Lowercase u
G	Start a little below the top line. Curve up and around left, down, curve around right, up to midline, short line left. Uppercase G	g	Start a little below the midline. Curve up around left, down, then up to make a circle. Continue up to midline, straight line down, touching the circle, continuing through bottom line, curve left and up a little. Lowercase g
Z	Start at the top line, straight line right. Slant line down left to bottom line, straight line right. Uppercase Z	z	Start at the midline, straight line right. Slant line down left to bottom line. Straight line right. Lowercase z
L	Start at the top line, straight line down, straight line right. Uppercase L	l	Start at the top line, straight line down. Lowercase l
E	Start at the top line, straight line down. Go to starting point, straight line right. Go to midline, straight line right. Go to bottom line: straight line right. Uppercase E	e	Start a little below the midline. Straight line right, curve up around left, down, curve up a little right. Lowercase e
Y	Start at the top line, slant line down right to midline. Go to starting point, move a little to the right, slant line down left to midline, straight line down. Uppercase Y	y	Start at the midline, slant line down right to bottom line. Go to starting point, move a little to the right, slant line down left, continuing through bottom line. Lowercase y
W	Start at the top line, slant line down right. Go to top line, move a little right of starting point. Slant line down left. Go to second starting point, slant line down right. Go to top line, move a little more to right. Slant line down left. Uppercase W	w	Start at the midline, slant line down right. Go to midline, move a little right of starting point. Slant line down left. Go to second starting point, slant line down right. Go to midline, move a little more to the right. Slant line down left. Lowercase w
K	Start at the top line, straight line down. Go to top line, move a little to the right, slant line left to midline, slant line down right. Uppercase K	k	Start at the top line, straight line down. Go to midline, move a little right. Slant line down left, touch straight line halfway to bottom line, slant line down right. Lowercase k
J	Start at the top line, straight line down. Curve around left and up. Uppercase J	j	Start at the midline, straight line down, continuing through bottom line, curve left and up a little. Dot above midline. Lowercase j
V	Start at the top line, slant line down right. Go to the top line, move a little right of starting point, slant line down left. Uppercase V	v	Start at the midline, slant line down right. Go to midline, move a little right of starting point, slant line down left. Lowercase v
Q	Start a little below the top line. Curve up and around left, down, then right and up to make a circle. Go a little below midline, slant line down right through the circle. Uppercase Q	q	Start a little below the midline. Curve up around left, down, then right and up to make a circle. Continue up to midline, straight line down touching the circle, continuing through bottom line, then a short slant line right. Lowercase q