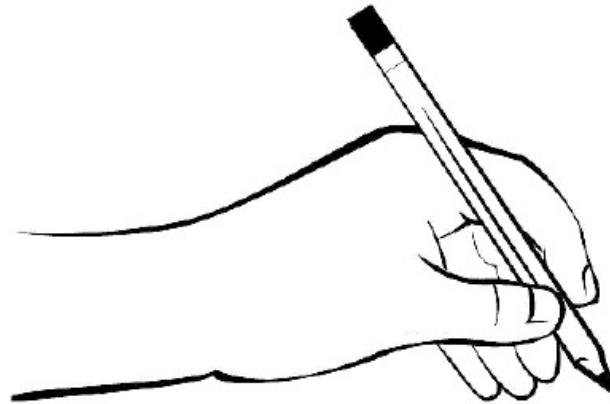


How to Hold a Pencil

Hold pencil with a light grip.

1. Thumb holds pencil.
2. First finger rests on top of the pencil.
3. Pencil rests against third finger.

Left hand

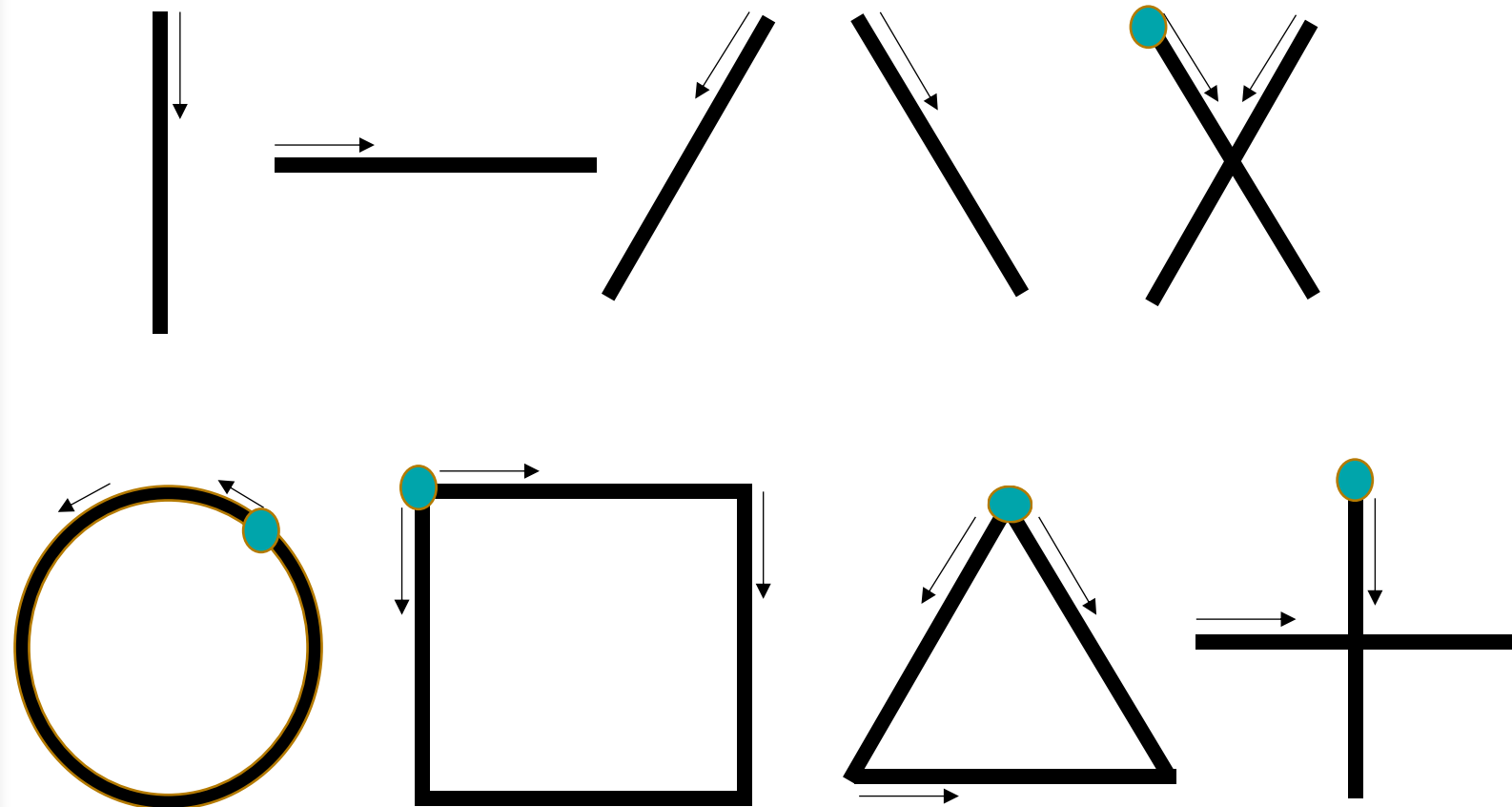


Right hand



<https://www.scoilbarra.ie/correct-pencil-grip/>

Pre-Writing Strokes & Shapes:





Develop Fine Motor skills with these Tools/Activities:

- A surface for chalk/markers/magnets/stickers
- Painting
- Beans to pick up and place in a container
- Chemical-free clay/playdough and tools (plastic knives, spoons, toothpicks)
- Paper to tear and crumple
- Tissue paper to roll into balls
- Using tongs to pick up items and put in containers
- Nuts and bolts
- Spray bottles
- Piggy bank and coins
- Using eye droppers
- Putting lids on containers
- Scissors
- Finger puppets
- Manipulating buttons, snaps, and zippers on clothing
- Attaching paperclips to card stock
- Clothes pins to strengthen fingers
- Stringing beads
- Finding the way through paper mazes
- Chop sticks.
- Connecting dots with arrows to form letters.