Myth:

Retaining a child (i.e., holding them back a grade) will improve their academic struggles.

Fact:

According to several institutions (i.e., The U.S. Department of Education, The American Federation of Teachers and The National Association of School Psychologists) and their extensive research, there is no benefit to retention because it has never improved a student's academic struggles. This is especially true if the method of instruction, e.g. the use of balanced literacy, doesn't change. Repeating the same unhelpful curriculum will simply harm the child's self esteem.

